



# PRACTICE CHAMPION



15/4	1-	1	2	3	4
22/4	2-	1	2	3	4
29/4	3-	1	2	3	4
6/5	4-	1	2	3	4
13/5	5-	1	2	3	4
20/5	6-	1	2	3	4
27/5	7-	1	2	3	4
3/6	8-	1	2	3	4
10/6	9-	1	2	3	4
17/6	10-	1	2	3	4

EVERY INDIVIDUAL HAS THE POTENTIAL TO BECOME A PRACTICE CHAMPION. RATHER THAN STRIVING TO BE THE MOST PRACTICED IN YOUR GROUP, IT ONLY TAKES 3 TO 4 DAILY PRACTICES PER WEEK OF 15 MINUTES EACH DAY TO EARN THE PRIZE AT THE END OF THE TERM.

HAVE 3 CIRCLES TICKED OFF EVERY WEEK TO GAIN YOUR PRIZE.

